

MST 289 – INTRODUCTION TO CRUISING THE CHANNEL ISLANDS
 COURSE SYLLABUS

Texts: “Colgate’s Basic Sailing” and “Steve Colgate on Cruising”
 Steve Colgate, Offshore Sailing School, Ltd.

Classroom	Assignment	Cruise	Assignment
July 20, 2007		August 2 – 5 (departs Thursday evening) To Santa Barbara Island and Catalina	
Introduction	BS: Points of sail p. 23-43	Provisioning	CR: p.13-14
Nautical terms	BS: Sails, wind, & trim p. 45-72	Terms, maneuvers	CR: p.117-118
Aerodynamics	CR: p. 15-20	Night navigation	
Points of sail	CR: p. 28-51	Crew-overboard	
Maneuvers under sail	CR: p. 75-98	Rules of the road	
Emergency procedures/safety:	CR: p. 103-108	Watch standing	
PFDs, fire, crew overboard, other distress		Navigation	CR: p.127-147
Checklists		Sail shape and trim	CR: p.75-93
Cruise organization		Reefing	CR: p.94-98
July 27, 2007		Anchoring	CR: p.61-72
Cruise policies	BS: p. 89-95	Charting	CR: Chapt. 7
Rules of the road	CR: p. 57-72	Intro to:	
Aids to navigation	CR: p. 94-98	Spinnaker (situational)	BS: p. 107-111
Anchoring	CR: p. 110-113	Electronics	CR: p. 148-149
Heavy weather procedures, reefing, sail changes, heaving to		Marine systems	CR: p. 117-124
		Knot tying	
		Mooring	
		Systems	
		August 5, 2007	Final Exam (on board)

Evaluation: Your grade will be based 50% on class and cruise participation, and 50% on final exam score.

Expectations for class participation:

Attendance at class meetings on July 20 and July 27 is mandatory.

Meetings for individual boat crews are mandatory, TBA by the boat captain.

Expectations for cruise participation:

Bring and maintain personal gear appropriate to the voyage.

Cruise preparation, provisioning, cooking, cleaning, resource conservation, sail and boat handling.

Adherence to the watch schedule.

Fulfilling duties of the watch.

1. Lookout.
2. Boat and sail handling.
3. Navigation and communication with fleet.
4. End of cruise cleaning and securing of vessel